



Watertown Wavemakers

Swim Team of Watertown Boys & Girls Club



Welcome to all of our new and returning Wavemakers,

I would like to welcome both new and returning Wavemakers to the 2018-2019 swim season. I am excited for my first year with the team, it will surely be a learning experience for all of us! I am looking forward to all the challenge, hard work and fun that will make this a great swim season!

Ken Follette
Wavemakers Coach
kfollette@watertownbgc.org

PRACTICE TIMES:

These have changed from previous years and publications. For 2018-19:

Pre-team: Tuesday/Thursday 4:00-5:00 pm

Tuesdays/Thursdays: 6:30-7:30pm (12&under) 6:30-8:00pm (13&up)

Wednesdays: 5:00-6:00pm (12&under) 5:00-6:30pm (13&up)

PRICING: (fee includes practices, swim meets, van use, sectional fees, and one team swim cap)

\$225.00 for first child \$200.00 for second child

All swim team members must be a member of Watertown Boys & Girls Club. Membership applications are available at the front desk or online at www.watertownbgc.org. School year membership runs from September to June and costs **\$25.00 per child**. Payments are to be made prior to the first practice; all checks must be made out to Watertown Boys & Girls Club (memo: Swim Team). Payment plans are available when needed - contact the Aquatics Department for more information.

SWIM TEAM APPAREL: Swim Apparel is now available online:

www.swimoutlet.com/watertownwavemakers

You may choose from an array of suits, shirts hats and much more! 8% of all purchases go towards the team! Please note that all custom items are non-returnable, and please allow time for delivery.

FUNDRAISING: As a member of our swim team, your child relies on successful fundraising efforts from both WBGC staff and parents. There are several fundraising events throughout the year. All parents are asked to participate as much as possible. All details will be communicated via e-mail.

VOLUNTEER HOURS/EXPECTATIONS: As a parent(s) of a Wavemaker, you yourself are a Wavemaker, and play a large role in the success of our program. We ask that all parents volunteer in some capacity throughout the season.

Home Meets: Please offer your assistance to our coaches as much as possible during home meets. Concession items are needed at each home meet; i.e. hot dogs, water bottles, napkins, baked goods, etc. The full list of concession items needed and job sign-ups for each meet will be sent via email and posted on www.doodle.com.

Fundraising/Social Events: Please speak with a coach about signing up to volunteer at an event.

COMMUNICATION: We do our best to connect directly with parents/family members whenever we can. However, during practice or meets, time may not allow us to do so. Please try not to interrupt us while we are coaching on deck unless it is an emergency. Because everyone practices on different nights at different times,



**WATERTOWN
BOYS & GIRLS CLUB**



Watertown Wavemakers

Swim Team of Watertown Boys & Girls Club



it is rare that the entire team is together at once, except for meets. Therefore, it is imperative to stay informed through our bulletin board postings, doodle.com updates, and our emails.

PRACTICE: Practices begin September 25th and end in January

(Practices after January are only for swimmers attending Nationals – cost of extended season will be \$105.00)

Swimmers need to participate in at least 2 practices/week in order to “qualify” for weekend meets. Be advised that the more practice a swimmer gets, the stronger a swimmer he/she will become. Swimmers in **high school fall sports are excused from the requirements**. However, we do ask that you make an effort to attend practices whenever possible.

BE PREPARED: Please have 2 pairs of goggles, swim cap, water bottle, and whatever other items you may need at every practice.

EXPECTATIONS: It is expected that all swimmers are well-behaved, attentive, and focused. **Swimmers are expected to:** show up with the proper equipment and a good attitude, treat their coaches and teammates (and all pool deck patrons, officials, swimmers and coaches of opposing teams) with respect. Poor behavior will not be tolerated. Swimmers that are causing a disruption to practices or meets in any way will be asked to leave with further disciplinary action to be evaluated and implemented at a more appropriate time. Repeat offenses could result in a complete dismissal from the team. In the event that this option is necessary, no refunds will be provided.

MEETS: Watertown Boys & Girls Club competes in the Northeast New England Area Program Council (NENEAPC) which is comprised of 16 area Boys & Girls Clubs with two divisions. This year the Wavemakers will be competing in Division 1. These dual meets begin in November and run through January. **Meets are usually held on Saturdays.** We compete in about 10 swim meets, half held at home and half away. In order to participate in Saturday swim meets, swimmers must practice twice a week. A swim meet schedule will be sent via email and posted on our website once it is available.

TRANSPORTATION: Swimmers can travel with parents or with coaches by van to and from away meets. We will have a van sign-up sheet located on the pool bulletin board one week prior to each away meet. Please understand that van space is limited.

SPORTSMANSHIP: It is important for all swimmers and spectators to show good sportsmanship towards coaches, officials, opposing teams and teammates. All swimmers must stay in the water after each race until all swimmers have finished to shake hands with opposing team members. All swimmers should stay on deck until the meet is over and the team cheer has finished. If for any reason a swimmer needs to leave early, please notify the coaches.

SECTIONAL CHAMPIONSHIP: Sectionals is a championship swim meet in which all swim teams in our league attend. It is a two day swim meet, In order for swimmers to qualify for sectionals, they must compete in 5 out of the 9 regular scheduled meets.

INVITATIONAL MEETS: Invitational swim meets are meets throughout the season that are non-league meets. Swimmers have an opportunity to attend these meets for various reasons from getting a qualifying time to just having some fun! Attending Invitational swim meets will not count towards the meets needed in order to qualify for sectionals or Nationals. Invitational meets are an additional cost, **typically \$5.00-\$10.00 per meet.**

BOYS & GIRLS CLUB NATIONALS: The National meet is held in St. Petersburg, Florida. This three day swim meet is a fun experience, one in which we would love all swimmers to participate in. In order to qualify for Nationals, swimmers must compete in 6 out of the 9 regular scheduled meets and attend sectionals. In addition, swimmers must qualify in at least 3 events. **Please note: families are responsible for all travel expenses. Families of the Wavemakers are encouraged to assist with fundraising throughout the year to help defray the cost of the trip for families attending the national meet.**



**WATERTOWN
BOYS & GIRLS CLUB**