



**WATERTOWN
BOYS & GIRLS CLUB**



2018-2019 Watertown Wavemakers

Watertown Wavemakers, the competitive swim team of Watertown Boys & Girls Club, is a Division I Swim Team in the Northeast New England Area Program Council.

The team is made up of swimmers ages 6 to 18.

The Wavemakers' season will begin

September 25, 2018.

Watertown Boys & Girls Club

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Swim Meets: The Watertown Wavemakers compete in the Northeast New England Area Program Council (NENEAPC), which is comprised of 16 area Boys & Girls Clubs with two divisions. This year, the Wavemakers will be competing in Division I. These meets begin in November and run through January and are typically held on Saturdays. A swim meet schedule will be released at the beginning of the season. We compete in approximately 10 swim meets throughout the season, half held at home and half away at local area Clubs.

Sectional Championship: Sectionals is a championship swim meet in which all the swim teams in our league attend. In order for swimmers to qualify for sectionals, they must attend 5 out of the 9 meets throughout the regular season.



Try-outs: Try-outs will take place on September 25th from 4:00–5:00 p.m. for new members. Returning members will practice that day on a Tuesday schedule.

Practice: Practices begin September 25th and ends in January. Swimmers must be members of the Club in order to participate in practices and meets.

Cost: \$225.00 + \$25.00 annual membership

Swimmers need to participate in at least two practices a week in order to qualify for weekend meets. Be advised that the more practices a swimmer attends, the stronger he/she will become. Swimmers in high school fall sports are excused from these requirements.

When coming to swim practices, swimmers must have two pairs of goggles, a swim cap, and whatever other items you may need at practice. You must show up on time, in your suits, ready to go at the start of practice. It is a requirement that every swimmer bring a water bottle to every practice. Sharing water bottles with friends does not count as bringing one. It is essential that swimmers stay hydrated in the water.



Age Group	Practice Times
12 & under	T/Th: 6:30-7:30 W: 5:00-6:00
13–18	T/Th: 6:30-8:00 W: 5:00 - 6:30

Pre-team: This is our non-competitive swim team which provides swimmers additional support and endurance training prior to qualifying for the Wavemakers Swim Team. Swimmers that are eligible to move up to swim team during the season can try out with the coach's approval. Season runs from September 27th to February 7th. Practices: Tuesdays and Thursdays, 4:00–5:00 p.m.

Cost: \$190.00

Swim Endurance and Spring Swim Team:

This is a chance for your child to continue swimming once our regular season ends. Many of our swim team participants wish to continue to hone their competitive skills in the off season. It is open to all Pre-team and team members (not going to nationals.)

Swim Endurance: February 26th to April 4th

Spring Swim Team: April 23rd to June 6th

Cost: \$120.00

Please see our website for specific information on start and end dates and practice times.

Boys & Girls Club Nationals: The National meet is held in St. Petersburg, Florida. We unite with other local clubs under one banner as Team New England. This three-day swim meet is a challenging but rewarding experience!

In order to qualify for Nationals, swimmers must meet two of the following four requirements:

- *Must qualify in at least FOUR individual events.*
- *Attend Sectionals and come in the top 10 if you are 12 and under, and top 5 if you are 13 and over.*
- *Drop a total of 10 seconds from two individual events throughout the season.*
- *Swimmers also must attend 6 out of the 9 regularly scheduled meets, as well as attend practice three days a week (see practice schedule).*



Please note: Families are responsible for all travel expenses. Families of the Wavemakers are encouraged to assist with fundraising throughout the year to help lower the cost of the trip for families attending Nationals.

Swimmers attending Nationals will continue practicing after the regular season is over. Cost of extended season is \$120.00.